

Mushroom and Avocado Salad

Printed from Mushroom Recipes at <http://www.mushroomrecipes.org/>

Ingredients:

12 Italian bread slices, grilled.
6 lettuce leaves.
1 medium avocado.
1 lb white mushrooms.
12 oz red bell pepper, diced.
12 oz green bell pepper, diced.
½ cup of sherry wine vinegar.
½ cup of basil leaves, chopped.
¼ cup of whole grain mustard.
1/8 cup of olive oil.

Directions:

In a suitably sized bowl, mix the mustard, vinegar, basil, bell peppers and olive oil, then set aside.

Wash and slice the white mushrooms.

Add the mushrooms to the dressing and marinate for 15 minutes.

Place each salad portion on a lettuce leaf.

Slice the avocado and place on top.

Serve with two slices of grilled Italian bread.